

SELF EXCLUSION REQUEST FORM



To: *The Management of the Fitzwilliam Card Club*

Date: _____

I, _____
(PLEASE PRINT NAME)

Membership No. _____

would like to avail of the Club's self exclusion facility and request that I be suspended from the Club for a period of time not less than that indicated below:

- 3 Months * 6 Months 12 Months
 24 Months Indefinitely

** The minimum period of time recommended for self exclusion is not less than 6 months. However, in order to facilitate members who believe that 6 months is excessive, an option to self exclude for 3 months is available, as this option is preferable to not availing of the facility at all.*

I understand that this suspension will only be removed when the period of time indicated above has expired, and I have submitted a written request providing an additional 28 days notice of my intention to return to play in the Club.

I also authorise the Club to inform it's business partners Irish Eyes Poker and Dublinbet.com and other member clubs of the Gaming & Leisure Association of Ireland of my intention to cease playing until further notice.

Member's Signature: _____

PRINT NAME: (Member) _____

Manager's Signature: _____

PRINT NAME: (Manager) _____

Removal of Self Exclusion: *Please note that self exclusion will only be removed on provision of proper notice and acceptance of same is at the Management's discretion. Members requesting to re-enter the club will also be required to sign a letter of indemnity before being allowed access to the Club's facilities.*

Date exclusion rescinded: _____

Manager: _____

Gambling Problem?

Time to take a break...

For most people, gambling is an enjoyable pastime, which can be taken or left on any given day. For a few people, gambling has long lost its fun element and has instead become a major problem, leading to the loss of perspective, money, relationships, friends and sometimes even jobs. If you are of the opinion that gambling is no longer a source of fun and entertainment for you, then it may be time to take a step back and withdraw from gambling for a short, medium or long-term period. The most effective way of doing this is to formally exclude yourself entirely from all forms of gambling entirely, either indefinitely or for a specified length of time.

To self exclude, you can request this in writing or by filling out the form overleaf. This self exclusion period will be effective immediately and means that you will be unable to visit our club, or any other member clubs of the Gaming and Leisure Association of Ireland (see www.glai.ie for a full list of members), during the cooling-off period you have specified.

After the period of time of self exclusion that you have specified overleaf, you may write and request that your self exclusion period be terminated. On receipt of your written request, your period of self exclusion will be terminated 28 days from the date of writing.

If you are still unsure as to whether you wish to self-exclude, please take the time to discuss your concerns with a manager.

Please note:

Despite the best efforts of the Fitzwilliam Card Club, the Gaming and Leisure Association of Ireland and its' members to respect the self exclusion request, neither the Fitzwilliam Card Club or other members of the Gaming and Leisure Association of Ireland assume responsibility in the event that a self excluded member gains entry into one of our member clubs.

Gamblers Anonymous Ireland

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